

## PRIMARY & NPS LUNCH MENU 2019

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
03/06/19 17/06/19 01/07/19 15/07/19	Yellow Lentils Mixed Vegetable Rice Or Naan Bread With Plain Yogurt  Rice Pudding	Macaroni Cheese Pasta With Sweetcorn & Garlic Bread  Fresh Fruit Salad	Meat Free Sausage & Baked Beans  Mashed potato with Gravy  Ice Cream	Cheese & Tomato Pizza  Baked Beans/ Coleslaw  Fruit Jelly	Tomato Basil Pasta  Mix Vegetables  Cake & Custard
Allergy Advice	Naan Bread Contains: Milk, Wheat (Cereal containing Gluten) Rice pudding Contains: Milk	Pasta Contains: Soya, Wheat, Gluten Sulphur Cheese Contains: Milk Garlic Bread Contains: Wheat ( Cereal Containing Gluten) Dessert Contains: Milk	Sausage Contains: Soya, Wheat Sulphites>10PPM (Cereal Containing Gluten) Ice Cream Contains: Milk	Pizza Contains: Wheat, Cereal Containing Gluten, Milk Coleslaw Contains: Milk	Pasta, Crumble & Custard Contain: Wheat , ( cereal Containing Gluten ), Milk
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
10/06/19 24/06/19 08/07/19	Mutter Paneer Vegetable Rice or Naan With plain Yogurt Corn on the Cob  Milk Semiya	Vegetarian Mince Potato Pie  Tortilla Chips  Raspberry Fruit Smoothie	Soya Veg Balls with Spaghetti Carrots  Apple Crumble with Custard	Vegetable Burger In a Bun Potato Wedges & Beans  Chocolate Mousse	Vegetable Chow Mein Noodles with a Vegetable Spring Roll  Broccoli Fruit Yogurt
Allergy Advice	Paneer & Pudding Contains: Milk	Mince Pie Contains: Soya, Wheat, Gluten Sulphur, Milk	Soya Balls Contains: Soya, Barley, & Wheat Pasta, Crumble & Custard contains: Wheat cereal containing Gluten, Milk	Burger Contains: Wheat & Sulphites (>10ppm) Milk	Noodles Contains: Wheat, May contain traces of Barley, Milk

*There is an option of jacket potatoes or freshly made sandwiches are available as a substitute to the above daily.*

*Fresh salad and Sliced Bread will be available every day.*

*Fresh Fruit & Yogurt will be available each day as an alternative to the desert of the day.*

*Please inform the school of any specific allergies, which will always be catered to.*