



Guru Nanak Multi Academy Trust

Online Safety Newsletter: June 2019

YOLO: Q&A App (17+)

Currently at the top of the App Store chart, YOLO: Q&A is a social networking app that is used with SnapChat (although not affiliated by Snapchat) . **YOLO is rated as 17+ in the app store, which means you should be at least 17 years old to download this app.**

YOLO is an acronym for 'you only live once.' In YOLO, users request to "send me anonymous questions" which then posts the request in Snapchat (via their Snapchat story or to a group of friends). All questions are then sent via YOLO anonymously.

The NSPCC have issued a warning about this app as it can clearly be misused to send abusive or upsetting messages (Source: <https://www.bbc.co.uk/news/technology-48214413>).

Due to the nature of this app we would highly recommend that the age rating of this app is adhered to.

More information

- Safer Schools have produced this helpful YouTube video which summarises what YOLO is: <https://www.youtube.com/watch?v=RQVRkMA9KZU>
- More information about different anonymous messaging apps available and top tips: <https://www.net-aware.org.uk/news/anonymous-messaging-apps-whos-asking/>

Instagram – Comment controls

Don't forget that Instagram include controls to help you manage comments on your posts. Select 'hide offensive comments' to automatically hide comments that may be offensive from your posts. You can also create your own list of words or emojis that you don't want to have appear in your comments. To access these filters, go to the settings menu, privacy and security and then select comment controls.

Use the S.H.A.R.E checklist

The government has released a S.H.A.R.E checklist to help you spot misleading news or information online to avoid it being shared.

When incorrect information is shared it can have serious consequences, for example it can lead to health scares and hoax stories.

So before you like, comment or share online, use the checklist which is available here: <https://sharechecklist.gov.uk/>



Need to improve sleep?

A new study found that limiting screen use for one week may improve teenagers' sleep. Read the full article here:

<https://www.theguardian.com/society/2019/may/20/limiting-screen-use-may-improve-teenagers-sleep-blue-light>

Jumbo app

The Jumbo App is currently only available on iPhone but it is a great way to manage your privacy settings on Facebook, Google Search, Twitter and Alexa (Instagram to be added shortly).

For Twitter, it will make your tweets exist online for a time period chosen by you (and then they're saved on your iPhone). For Facebook, it will help you modify your privacy settings easily. For Google, you can clean old searches and for Alexa you can clean all your Alexa voice recordings. Jumbo cannot access any of your personal data, or track your personal behaviour.

Download the app here:

<https://itunes.apple.com/gb/app/jumbo-privacy/id1454039975?mt=8>

Further information available here:

<https://www.jumboprivacy.com/>



Location Services

Lots of apps that we use nowadays can monitor our location, allow us to 'check in' at a location or share where we are.



It is important to talk to your child about how they use the location settings within apps e.g. checking in at home or at schools shows people where you live/go to school and tells people when you are at home/not at home. **Reinforce that this is personal information.** It is particularly important to stress that it is risky to share their location if this can be seen by strangers.

Check your settings:

You can control which apps can see and use your location.

- **Android:**

<https://support.google.com/android/answer/6179507?hl=en-GB>

- **Apple:** <https://support.apple.com/en-gb/HT207092>

Snap Map

One example of an app that uses your location is Snapchat through the Snap Map. The Map lets users see where their friends are if a friend has chosen to share their location at any given time. You can change your location setting for Snapchat by following these instructions: <https://support.snapchat.com/en-GB/a/snap-map-location-settings>

More information:

<https://www.childnet.com/parents-and-carers/hot-topics/location-services>

What is a Bitmoji?

A Bitmoji is your own personal emoji or avatar. The Bitmoji app is owned by SnapChat and once created, you can use your Bitmoji in Snapchat and wherever else you chat.



Do you have an iOS device?

AirDrop is a feature on Macs and iOS devices that allows users to share files wirelessly. We recommend either having your airdrop set to off or to contacts only to prevent a stranger being able to transfer a file/image to you.